

Preparing for a modeling session with Kirby

What to bring to a modeling session.

-First bring **yourself**. You are the reason for the session, not your makeup, your clothes, your hair, but you.

-**Proof of age**. I am going to want to make sure that you are over 18. There are also some forms at the bottom of the page. Please fill those out and bring them with you. I will have copies, but if you bring them it will save time.

-**Clothes**. If you can, bring some clothes. Even if you intend to model nude, I will have you doing a lot of clothed and half-clothed modeling, the more outfits the better. Stuff that can be worn in a risqué manner, or that shows the form of the body is what I am looking for.

-**Music**. Bring some music that makes you move. If you don't bring anything I have stuff. I also have speakers that you can plug an Ipod or mp3 player into. I am going to have you move around a lot. If you can groove while doing it we will both be happier.

-**Snacks**. If you have anything special you like, or need, to eat or drink, bring it. I will have water, coke, and probably some junk food and that's about it.

-A **thumb drive** or external hard drive. I will copy the photos to your device at the end of the session if you bring one. Expect to need several gigabytes worth of storage space. If you don't bring something we will have to make arrangements for a transfer later.

What to expect during the session.

I am going to start by asking you to dress in your comfortable minimum of clothing. By that I mean take off as much clothes as you are willing to take off. Then I am going to run you through some yoga poses based on a beginner back care session from yogadownload.com. This will allow you to get comfortable in front of the camera while allowing me to get some yoga pictures of you. More importantly it will help me figure out how you and your body actually work and move. Based on that the session will continue with lots of movement and a lot of changes of clothing. A typical session includes pictures in about 10 different outfits from my collection of clothes or your own and a lot of jumping and stretching. Expect to be physically tired at the end. Expect the session to run until we are both completely tired - somewhere from 3 to 6 hours.

How to prepare.

Prepare mentally by deciding what you are comfortable doing ahead of time. I will not pressure you into taking pictures you are not comfortable with and will always take no as an answer. I am also willing to immediately delete pictures if you decide during the session that you don't want that picture to exist either because it shows too much or just because you don't like how you look in it. Once I have given you copies however, I will not delete pictures. You will get a chance to look at the pictures during the session, but there are usually thousands and if you have not decided ahead of time what you are uncomfortable with you won't be able to figure it out there.

Physical preparation is less necessary, but recommended. Stretch. do some yoga. Take a look at yogadownload.com and try out some of their free sample sessions. I am going to be running you through some of those poses, and things will go smoother if you know what I am talking about.

Prepare to have a lot of fun, and get some great pictures. You are a beautiful person and you are going to look great!

Kirby Modeling Checklist

<input type="checkbox"/>	Attitude
<input type="checkbox"/>	Proof of Age
<input type="checkbox"/>	Policies form from website (kirby-art.com/modeling.php)
<input type="checkbox"/>	Clothes (optional) solid colors without text preferred.
<input type="checkbox"/>	Skirt
<input type="checkbox"/>	Button up blouse
<input type="checkbox"/>	Shorts
<input type="checkbox"/>	Underwear (black set and white set)
<input type="checkbox"/>	Stockings
<input type="checkbox"/>	Chemise
<input type="checkbox"/>	Minimal or no makeup.
<input type="checkbox"/>	Hair clips and ties. (optional)
<input type="checkbox"/>	Hair gel or spray for difficult hair. (optional)
<input type="checkbox"/>	Music on drive, CD, or player (optional)
<input type="checkbox"/>	Snacks (optional)
<input type="checkbox"/>	Drinks (optional)
<input type="checkbox"/>	Thumb drive or external drive with 4+ gig free for photos.
<input type="checkbox"/>	Cigarettes (if smoker, smoking pictures will be taken.)